

# INFORMATION SHEET



## COACHES' CODE OF ETHICS

In addition to GA's General Code of Behaviour, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by GA, a Member Association or an affiliated club and in your role as a coach appointed by GA, a Member Association or an affiliated club:

### **Abide by the rules of GA as set forth in its constitution and by-laws.**

- follow procedures for enforcement of the Code of Ethics;
- accept any judgments made; and
- use the established procedures for challenging a competitive result, contesting a team selection decision, complaining about the conduct of another member, or attempting to change policy of GA.

### **Direct your observations and recommendations regarding all aspects of gymnastics to the appropriate persons for the betterment of the sport.**

- be constructive with criticisms and direct comments and observations to the relevant individuals and organisations, to avoid gossip, innuendo and malicious comment; and
- respect the efforts of appointed and elected representatives of GA

### **Represent yourself and your coaching status in an honest and professional manner, without bringing the coaching profession or GA into disrepute**

- use your accreditation status and Technical Membership of GA to represent your ability in an honest manner, not to gain unwarranted favours;
- be professional in and accept responsibility for your actions;
- extend professional courtesy to other coaches, athletes and their parents by keeping them informed in matters relevant to athlete's training programs;
- abide by and respect the regulations governing sport and the organisation and individuals administering those regulations;
- be a role model for your sport and the athletes; and
- respect the rights, dignity and worth of every human being within the conduct of your involvement in gymnastics



## **Exercise a standard of care consistent with your competence and obligations as a coach**

- show concern for the health, safety and welfare of athletes and colleagues;
- coach within the limits of your competence as a coach;
- follow GA safety guidelines in respect of the duty of care owed to the athlete;
- provide planned and sequential training programs based on the individual developmental needs of athletes;
- modify the training program for injured athletes based on appropriate medical advice when required; and
- provide a safe environment for participants in training and competition

## **Provide a quality service to your athletes and to the sport**

- maintain or improve your current National Coaching Accreditation scheme accreditation;
- seek continual improvement through performance appraisal and ongoing coach education;
- honour the responsibilities given to a coach by keeping all relevant qualifications up to date; and
- work to ensure athletes’ time spent with you is a positive experience

## **Promote and assist in the development of the coaching profession**

- assist others to develop good attitudes, skills and knowledge relating to the sport; and
- promote and assist in the education of other coaches

## **Put athletes’ welfare first; making decisions based on the best interests of your athletes’ sporting, education and vocational careers**

- acknowledge the individual talents and potential of athletes; and
- maintain a balanced emphasis of sporting involvement within educational and career objectives

## **Show leadership, and support efforts to remove the abuse of drugs in sport**

- abide by the regulations of the relevant national and international sporting and government bodies; and
- respect the health and dignity of athletes to compete on the basis of their abilities; within the rules of the sport of gymnastics

## **Encourage, by example, the removal of any form of personal abuse or inappropriate discrimination**

- refrain from verbal, physical or emotional abuse;
- refrain from any form of sexual harassment towards athletes and colleagues;
- refrain from using the influence of a coaching position to encourage inappropriate intimacy between coach and athlete;
- refrain from any discriminatory practices on the basis of race, religion, ethnic background, or special ability/disability of athletes; and
- be alert to any forms of abuse towards your athletes from other sources whilst they are in your care

## **Ensure physical contact with athletes is appropriate and necessary for the athletes' skill development**

- ensure spotting methods and philosophy are consistent with established gymnastics principles; and
- ensure spotting is used only to facilitate learning or safe performance

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